



Steps of Marriage Preparation

1. Fill out initial inquiry form, give form to Jessica Gustafson, who will coordinate meeting times with Father Mitchell.
2. Father Mitchell meets with couples two times:
 - 1st Meeting: Outline of the Catholic Faith (1 hr. 30 mins.)
 - 2nd Meeting: Actions in Marriage (1 hr. 30 mins.)
3. Take the FOCCUS test. Review answers with Father Mitchell.
4. Father Mitchell will give you the name & phone number for your mentor couple. This mentor couple will meet with you once a week during the next six weeks to discuss topics such as: The Sacrament of Marriage, Communication, Finances and Spirituality.
Mentor Couple _____ **Phone Number** _____
5. Enroll in a Natural Family Planning Class (NFP). There are two options (a small fee may be associated with this class):
 - Northwest Family Services: offers classes in 3 sessions at Providence Medical Center from 7:00-9:00pm. Call for available class times: (503) 215-6377, or
 - Call Brenda Akin: (360) 260-7825 to schedule an NFP class.
6. Bring certificates of completion from both the NFP class and the meetings with your mentor couple to Father Mitchell.
7. Meet with Father Mitchell one final time to coordinate wedding details and any necessary sacrament preparations.

If you have any questions during this process, please call Jessica Gustafson (Pastoral Assistant for Sacramental Life) at (360) 885-7780 ext. 15 or email sacramentallife@holyredeemervanc.org.